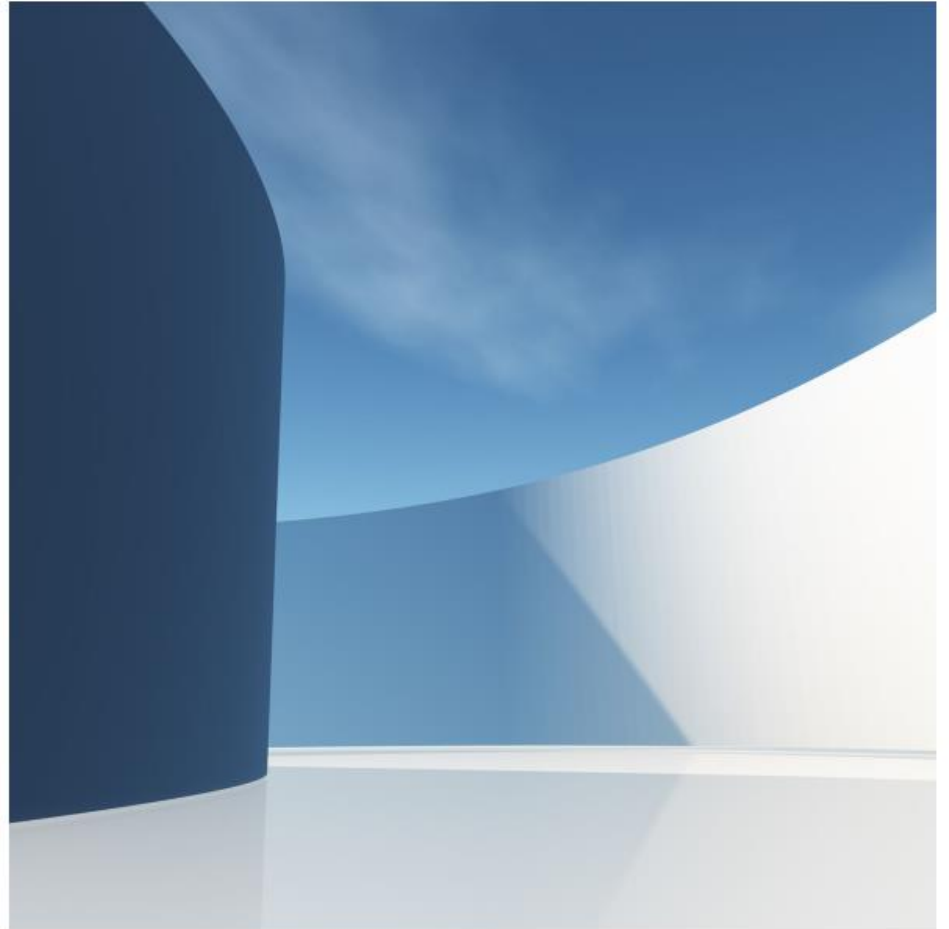


# RESIDENT TOWN HALL

January 16, 2024



# **OPERATIONAL UPDATES**

- **January Employees of the Month**
- **Update on B/C leak repairs and remediation**
- **Removing bus railings**
- **Financial Update**
- **Preferred Dining Program Refresher**

# EMPLOYEE OF THE MONTH: INDEPENDENT LIVING

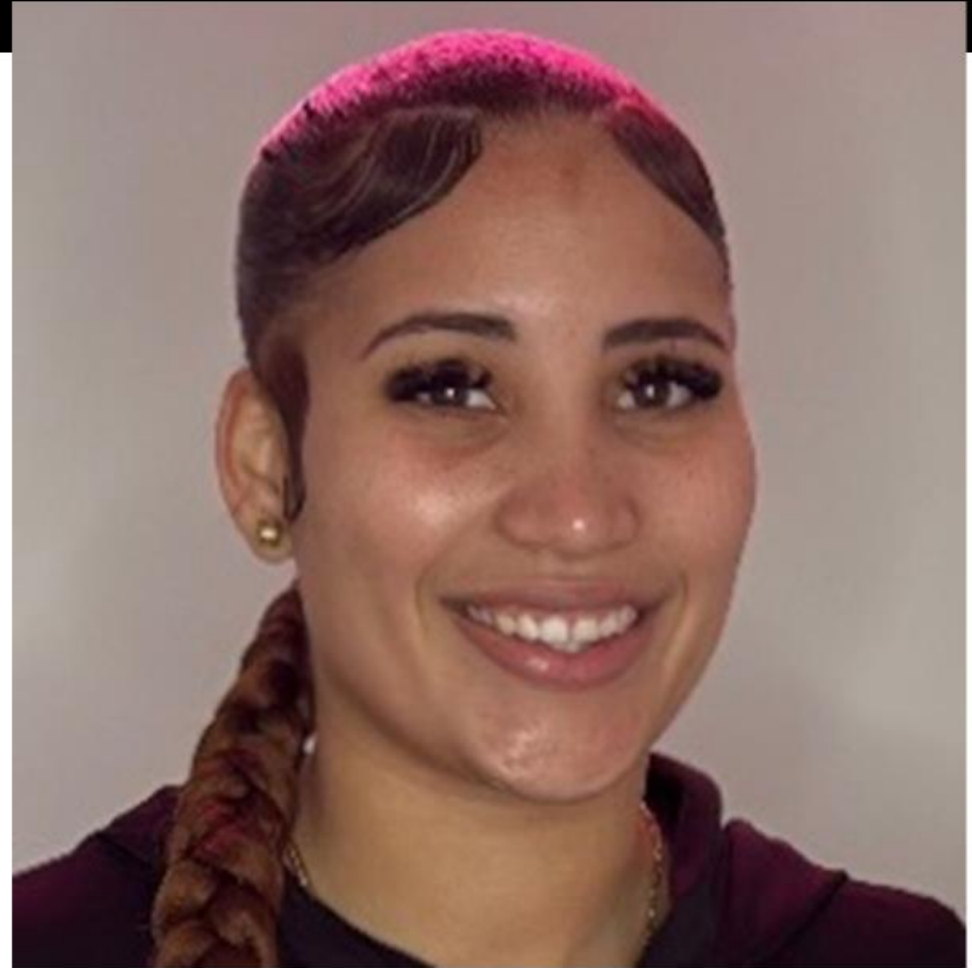
Kayla Waters

Activities



# **EMPLOYEE OF THE MONTH: ASSISTED LIVING & THE ARBORS**

**Mckalyn Harvey  
Care Associate**



# EMPLOYEE OF THE MONTH: PLAZA WEST

**Rumaldo Reyes**  
**Maintenance Technician**





## Freedom Plaza Occupancy as of 12/31/23

	Occupied Units	Capacity	Occupancy %	Resident Counts
Independent Living	375	425	88%	529
Assisted Living	80	83	96%	98
Memory care	25.5	28	91%	30
Health Center	101.8	113	90%	100





# Freedom Plaza Operating Performance YTD as of 12/31/23

	Actual	Budget	Variance
<b>Revenues:</b>			
Independent Living	\$ 20,449,843	\$ 20,550,918	\$ (101,075)
Assisted Living	\$ 4,011,691	\$ 4,012,469	\$ (778)
Memory care	\$ 1,461,462	\$ 1,399,639	\$ 61,822
Skilled Nursing	\$ 13,005,254	\$ 13,862,894	\$ (857,640)
Innovative Home Sol	\$ 1,005,418	\$ 762,881	\$ 242,537
Other	\$ 793,741	\$ 277,738	\$ 516,003
<b>Total</b>	<b>\$ 40,727,408</b>	<b>\$ 40,866,539</b>	<b>\$ (139,132)</b>
<b>Expenses:</b>			
Wages & Benefits	\$ 21,256,273	\$ 21,250,599	\$ 5,674
Non-Labor Costs	\$ 17,214,449	\$ 17,552,985	\$ (338,536)
<b>Total</b>	<b>\$ 38,470,722</b>	<b>\$ 38,803,584</b>	<b>\$ (332,862)</b>
<b>Net Operating Income</b>	<b>\$ 2,256,686</b>	<b>\$ 2,062,955</b>	<b>\$ 193,730</b>



# Preferred Choice Dining

Refresher





# Sports Bar



# SPORTS BAR

MONDAY - SATURDAY 1:00PM - 7:00PM

HAPPY HOUR 2:00PM - 4:00PM \$1.00 OFF ALL DRINKS

## HANDHELDS AND SMALL PLATES

### Pork Pot Stickers \$6

*Pork dumplings pan seared, served with a hoisen soy sauce and green onions*

### Warm Pretzel Bites with Beer Cheese Fondue \$6

*Beer cheese fondue served with warmed pretzel bites*

### Smothered Tenders \$7

*Crispy chicken tenders tossed in one of the 3 following sauces: Classic Buffalo, Alabama White Sauce, & Garlic Parmesan served with Fries*

### Soup & Salad \$8

*Bowl of Soup, Crackers, and Tossed Salad your choice of dressing. Add grilled chicken or grilled salmon \$5*

### Chef's Selection Cheese Board \$13

*Assorted Cheeses, Dried Fruits, Honey Comb, Gourmet Crackers, Seasonal Fresh Fruits*

### Honey Dijon Chicken Sandwich \$10

*Choice of blackened, grilled, or fried chicken breast, honey mustard sauce, melted Swiss cheese, bacon, lettuce tomato and onion on a Kaiser bun. Served with fries*

### Pulled Pork Sliders \$10

*2 Pulled Pork sliders tossed in Carolina BBQ Sauce, Topped with Coleslaw, Fried Onions. Served with Fries*

### Patty Melt \$10

*Grilled marble rye, 1000 island dressing, melted cheese, caramelized onions. House seasoned 8oz beef patty cooked to the temperature of your liking served with Fries*

### Chili Cheese Dog \$7

*1/4 pound all beef hotdog served with chili, cheese and french fries*

- Sports Bar Atmosphere
- Monday – Saturday 1:00pm- 7:00pm
- Seating is first come first serve! Take out available!
- Ala Carte Pricing
- First week Sports Bar Stats

228 residents have stopped in to eat!

### Top sellers

Patty Melt 51   Pork Sliders 27   Pot Stickers 30  
Chicken Sandwich 25   Soup & Salad 25

\*Until February 29<sup>th</sup> we are offering a completely drink of the day for those that eat in the sports bar between the hours of 1pm-3:30pm\*

Wine Down Monday will now be called Happy Hour in the sports bar from 2:30pm-3:30pm with a guest bartender and specialty drink of the day! Hope to see you there. See the resident programs Calander for dates

Welcome to the

# SPORTS Bar

Formerly The Pub

**Monday - Saturday**  
**1:00pm-7:00pm**

**Reservations not required**


## Upcoming Sporting Events

We need YOU!

Do you have an interest in promoting viewing parties for sporting events. We would love to create a group to do just that!

Please see Theresa if you have an interest!



A large, colorful buffet platter featuring various cheeses, meats, nuts, and vegetables. The platter is filled with a variety of items including sliced cucumbers, red bell peppers, green beans, yellow and white cheese slices, nuts, and meats. A white bowl containing a white sauce is visible in the bottom right corner.

# NEW & IMPROVED BUFFET

One Price. All Courses Included. Self Serve



# Buffet Menus ~ Cycle 1

All Buffets Include SOUP, SALAD, & DESSERT

## Pasta Night

MONDAY

**\$ 17.00**

- Linguini ~Penne
- Sundried Tomato Alfredo
- Bolognese
- Garlic Herb White Wine Butter Sauce
- Grilled Chicken
- Italian Sausage
- Broccoli
- Mushrooms and Onions
- Asparagus
- Garlic Bread

## Surf & Turf

WEDNESDAY

**\$ 20.00**

- Pasta Salad/Broccoli Salad
- Prime Rib
- Fried Shrimp
- Loaded Mashed Potatoes
- Mashed Potatoes
- Sweet Potatoes
- Roasted Brussels Sprouts
- Garlic Zucchini Squash and Onions
- Steamed Broccoli

## Taco Night

FRIDAY

**\$ 17.00**

- Taco Meat
- Fajita Chicken
- Flour Tortilla / Hard Taco Shells
- Cilantro Lime Slaw, Jalapenos, Cotija Cheese, Shredded Lettuce, Diced Onions, Shredded Cheddar, Sour Cream, Fresh Salsa
- Rice & Beans
- Onions and Peppers

- Maui and Jade
- Monday- Wednesday – Friday Only
- Salad
- Soup Service
- Themed meals served exclusively in the buffet (international, picnic, seasonal, prime rib)
- Self Serve Buffet
- Desserts
- One Price all items included
- Take out not available from the buffet



# Sunday Meal Service

Service Time: 10:30am – 1:30pm

Reservations only :

Addition of Made to Order Items  
Through the Kitchen.

Cycle 1 Stuffed French Toast

Cycle 2 Eggs Benedict

Cycle 3 Pancakes

Cycle 4 Omelets

IRD Pick up available in the grille  
ONLY 2:00pm-6:00pm



Cycle 1

## COLD ITEMS

- Assorted Meats and Cheeses
- Fresh Seasonal Fruit
- Bananas Apple and Oranges
- Shrimp Cocktail
- Smoked Salmon with Accompaniments
- Cottage Cheese, Yogurts

\$19.00

## BREADS AND PASTRIES

- Cheese Blintz
- Waffles
- Danishes
- Scones
- Assorted Sliced Breads, Bagels and English Muffins

## HOT ITEMS

- Quiche of the week
- Sausage/Bacon
- Biscuits and Gravy/Grits
- Home fries
- Roast Turkey
- Root Beer Glazed Ham
- Catch of the Day ~ Florentine Style
- Roasted Red Potatoes
- Mashed Potatoes, Sweet Potatoes
- Roasted Carrots
- Steamed Green Beans
- Harvard Beets

## DESSERT

- Assorted Desserts

# BRUNCH

Stuffed French  
Toast  
Made to order  
from the  
Kitchen!  
Order with  
your Server



# PREMIER DINING

Ala Carte Pricing. 2 Week Menu. Take Out Boxes Included.





# Premier Choice Dining Concept

- Hours
  - Lunch : Monday – Saturday 11:00am-1:00pm
  - Dinner: Monday – Saturday 4:00pm-6:30pm
- Can't Finish Meal! We will have a box for you!!
- Ala Carte Pricing
- 2 Week Menu Choices

# FREEDOM PLAZA SUN CITY CENTER

CYCLE 1

## SALADS

### SIDE SALADS

#### **Tomato Cucumber Salad \$2**

Tomato Cucumber Onion Marinated in Italian Vinaigrette

#### **Plaza Salad \$4**

Spring Mix, Blue Cheese Crumbles, Cranberries, Pecans, Served with Honey Dijon Dressing

### ENTREE SALADS

#### **Cobb Salad \$13**

Fresh Cut Mixed Lettuces Topped with Bacon, Blue Cheese, Avocado, Grilled Chicken and Boiled Egg with the Dressing of your Choice.

#### **Freedom Plaza Entrée Salad \$13**

Romaine, Bibb and Iceberg Lettuce, Grape Tomatoes, Cucumbers, Cheddar Cheese, Choice of Dressing. Choose from Grilled Chicken Breast, Blackened or Grilled Salmon

#### **Dressings**

Ranch, Bleu Cheese, 1000 Island, Honey Mustard, Balsamic Vinaigrette

#### **Fat Free Dressings**

Ranch, Raspberry Vinaigrette, Italian

#### **Sugar Free Dressings**

Creamy Bacon, Caesar

## SOUPS

### *Soup Cup \$2 Bowl \$4*

#### **Soup of the Week**

Chicken Noodle

#### **Soup of the Day**

Monday- Tomato Basil

Tuesday- French Onion

Wednesday- Senate Bean

Thursday- Cream of Broccoli

Friday – New England Clam Chowder

## BOWLS

CHOICE OF SOUP OR SALAD

#### **Southwestern Chicken Boat \$12 Bowl \$15**

Cilantro Rice, Black Beans, Shredded Chicken, Cheddar Cheese, Tomato, Tortilla Strips, Avocado Ranch

#### **House Made Lasagna Boat \$12 Bowl \$15**

Layers of Fresh Pasta, Tomato Sauce, Ground Beef, Ricotta, and Mozzarella Cheese, Baked until Golden and Bubbly.

#### **Soba Edamame Noodle Bowl Boat \$9 Bowl \$12**

Soba Noodles Dressed with a Warm Miso Vinaigrette tossed with Snow Peas Edamame Shredded Red Cabbage, Green Onions and Shaved Carrot Ribbons

## SEA

CHOICE OF SOUP OR SALAD & TWO SIDES

#### **Bruschetta Salmon \$17**

6 oz Grilled Filet of Salmon oven baked topped with tomato, garlic and basil.

#### **Shrimp & Scallops Mornay \$20**

8 oz Plump Shrimp & Bay Scallops Baked with a Rich Bechamel Sauce with Gruyere, White Cheddar and Parmesan Cheese

#### **Crab Cakes \$22**

Two 3 oz Crab Cakes Scented with Old Bay, Lemon, and Fresh Herbs, with our House Made Tartar Sauce

## HOMESTYLE

CHOICE OF SOUP OR SALAD & TWO SIDES

**Open Faced Roast Beef Sandwich \$12**  
Texas Toast Smothered with Mashed Potatoes, Thinly Sliced Roast Beef with a Mushroom Beef Gravy

**Chicken Tenders and Waffles \$16**  
Lightly Breaded Chicken Tenders served on a Belgium Waffle with a Light Dusting of Powdered Sugar and Maple Syrup

**Kielbasa and Sauerkraut \$11**  
Smoked Polish Sausage served with Sauerkraut.

## SIDES (ADDITIONAL SIDES \$2 EACH)

Steamed Yukon Potato  
Baked Sweet Potato  
Mashed Potatoes  
Rice Pilaf  
French Fries

Sauteed Spinach & Garlic  
Grilled Asparagus  
Glazed Carrots  
Steamed Corn  
Steamed Broccoli

Three Bean Salad  
Cottage Cheese  
Applesauce  
Macaroni Salad  
Fresh Fruit

Fresh Fruit Monday – Apples  
Fresh Fruit Tuesday - Strawberries  
Fresh Fruit Wednesday - Grapes  
Fresh Fruit Thursday – Melons  
Fresh Fruit Friday – Pineapple  
Fresh Fruit Saturday – Fruit Salad

## LAND

CHOICE OF SOUP OR SALAD & TWO SIDES

#### **Chicken Marsala \$13**

Pan Fried Chicken Cutlets served with a Rich Marsala Wine and Mushroom Reduction

#### **Herb Roasted Chicken Quarters \$11**

Bone-In Brined Chicken Oven Roasted with Fresh Herbs, Choose from White or Dark Meat

#### **Center Cut Pork Chop \$20**

6oz Center Cut Pork Chop, grilled served with a Mango and Sour Cherry Reduction

#### **Grilled Filet of Beef \$29**

6 oz Prime Cut, Filet of Beef Grilled to Perfection, served with Béarnaise.

#### **Smoked Pork Ribs ½ rack \$18**

House Cured in our Blend of Spices and Hickory Smoked. Served with BBQ Sauce

## FREEDOM FAVORITES

CHOICE OF SOUP OR SALAD & TWO SIDES

#### **Salmon \$17**

Choose from Grilled, Poached, Sautéed or Blackened

#### **Grilled Chicken Breast \$12**

Grilled 6 oz Chicken Breast.

#### **Pick 3 \$11**

Choose 3 Sides and your Choice of Soup or Salad.



# Dessert MENU

## Cakes & Pies

- Fruit Pies **\$2**
- Frosted Cakes & Cupcakes **\$2**

## Specialty Dessert

- \$3** Cheesecake
- \$5** Dessert of the Day
- \$5** Seasonal Selection

## Ice Cream & Cookies

- \$1** Ice Cream Single Scoop
- \$2** Ice Cream Double Scoop
- \$3** Ice Cream Sundae
- \$5** Banana Split
- \$1** Specialty Cookie
- \$1** Chocolate Chip Cookie
- \$1** Sugar Free Cookie



20XX

# Dessert

Desserts are not included in your daily meal

- Buffets will have smaller desserts available on the buffet, desserts from the kitchen will result in additional charges

Cheesecake will always be available as will a daily selection.

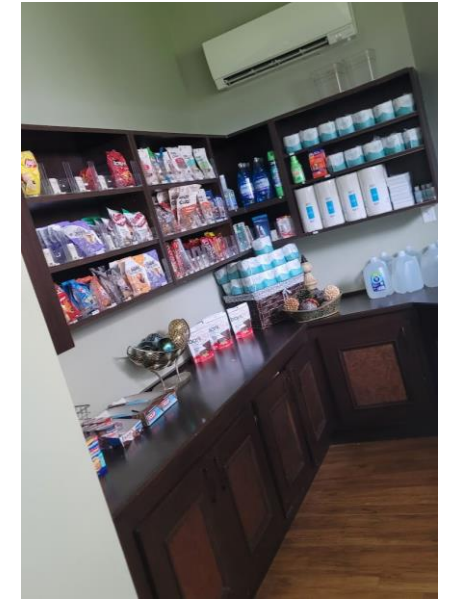
Fruit Pies, Frosted Cakes and Cupcakes are available daily and subject to availability.



# The American Grille

Fast Casual and General Store

Sample Footer Text



# The American Grille

- Hours of Operation
  - Monday- Saturday 7:30am – 1:30pm (General Store Open Until 2:00pm)
  - Sunday 2:00pm-6:00pm (Daily Special Subject to Availability )
- General Store will be stocked with the following items to spend down balances
  - Soda, Juice, Milk, Butter Eggs
  - Grab and Go Items
    - Premade Salads, Sandwiches, Snack Packs
    - Yogurts, Fruit, Pudding
    - Candy, Chips and Nuts

# TAKE OUT

A close-up photograph of a hand holding the handles of a stack of brown paper takeout bags. The bags are stacked, with the top one in the foreground and several others behind it. The handles are made of a light-colored, braided rope. The background is dark and out of focus.

Grille. Sports Bar . Formal  
Dining



# Take Out

- Grille Always an Option 7 days a week!
  - Monday – Saturday 7:30am-1:30pm
  - Sunday 2:00pm-6:00pm (only pick up option on Sunday)
- Sports Bar
  - Stop in, grab a drink, and order a meal for take out
  - Place an order through the full count portal or host for pick up 1:00pm-4:00pm Monday-Saturday
- Formal Dining
  - Monday- Saturday /Order through the full count portal or the host pick up times between 1:00pm-4:00pm Monday- Saturday
- Buffet
  - Take not available in the buffet

# Premier Dining and Buffet Rollout

**Tuesday January 30<sup>th</sup> 2024**

**Wednesday January 31<sup>st</sup> 2024**

**Meal service for that day will be pick up only in the buffet from 12- 3pm**

**We will hold a soft rollout in the dining room that evening “Invitation only” to our committee members, and members of the RAC committee to help train the team.**

**We will also randomly pick 25 resident to join.**

**The list of residents chosen will be posted by Friday January 19th**

**The date and time for their reservation are determined by the dining team.**

**\* Meal cost for the rollout dinner will be \$7.50. February 1<sup>st</sup> will start the new menu pricing and declining balance.**





# Thank You

Angie Roher ~ Executive Director

[Roherangie@freedomplazafl.com](mailto:Roherangie@freedomplazafl.com)

Theresa Lehman ~ Food & Beverage Director

[Lehmantheresa@freedomplazafl.com](mailto:Lehmantheresa@freedomplazafl.com)

**HOW DO I MAKE DINING  
RESERVATIONS FOR  
PREMIER DINING ?**

# OUR RESERVATION SYSTEM IS THE SAME

1. CALL IN : residents are able to make reservations by calling our hostess ext 1313

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2. ONLINE RESERVATION: residents can make reservations with our online resident portal .

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# CALL HOSTESS EXT 1313

CALL HOSTESS to make reservations 813.642.1313 or stop by anytime we are not in PEAK dining hours.

- If you do not receive an answer, please leave a message.
- Hostess will only call back if there is a problem with reservation.
- We check the ext 1313 line ALL DAY from 9am-6pm at night.

Lunch Premier Dining  
Main Dining >

Lunch Premier 6Top  
Main Dining >

Premier Dining Dinner  
Main Dining >

6top Premier Dining Di  
Main Dining >

8top Premier Dining Di  
Main Dining >

Premier Sunday Brunch  
Main Dining >

Premier Sunday 6Top Brunch  
Main Dining >

# RESIDENT PORTAL

1. If you are unable to get into your resident portal, please call or stop hostess. They will provide a packet that includes a how to guide to access portal. Handout will include **RESIDENT** user name and **PASSWORD** reset.

2. Go into **NEW RESERVATIONS**

3. **SCROLL TO THE BOTTOM** until reach reservations in **PREMIER DINING**.

4. Make your selection based on reservation **TYPE**. **LUNCH** or **DINNER**, **4** or **6 TOP** or Sunday **BRUNCH**.



# WHEN IN DOUBT PLEASE REACH OUT!

- Pamela Evans
- 813.642.1224
- [evanspamela@freedomplazafl.com](mailto:evanspamela@freedomplazafl.com)
- Hostess 813.642.1313